

24 nights. One at a time.

Write tonight's spot. Check the box. Go to bed.

Night	Date	Spot	✓
1			☐
2			☐
3			☐
4			☐
5			☐
6			☐
7			☐
8			☐
9			☐
10			☐
11			☐
12			☐
13			☐
14			☐
15			☐
16			☐
17			☐
18			☐
19			☐
20			☐
21			☐
22			☐
23			☐
24			☐

Blank night? Steal one:

low shelf · fruit bowl · backpack · coffee mug · bookshelf · shoe pile · couch arm · bathroom sink (dry) · window sill · stocking

Safety: no climbing, no stove, no candles, nothing blocking the stairs.